



Illinois Wesleyan University Women's Swimming & Diving 2012-13 Season Bests

TEAM RESULTS

Oct. 27	IWU Halloween Invitational	1 st place (of 3 teams)
Nov. 3	IWU 159, Rose-Hulman 103	
Nov. 10	Carthage 193, IWU 96	
Nov. 17	IWU Invitational	2 nd place (of 6 teams)
Nov. 30	DePauw Invitational	5 th place (of 8 teams)
Jan. 18	IWU 127, Millikin 74	
Jan. 19	DePauw 138, IWU 83	
Feb. 2	Wheaton 68, IWU 65; IWU 87, North Central 40	
Feb. 14-16	CCIW Championships	3 rd place (of 7 teams)
Mar. 20-23	NCAA Championships	Tied for 30 th

SCHOOL RECORDS SET THIS SEASON

50 Free- 23.28, Kirsten Slaughter (Urbana, Ill./ Urbana HS), CCIW Championships 2/14/13
200 IM - 2:08.15, Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS), CCIW Championships 2/14/13
200 Free Relay - 1:36.79, Kirsten Slaughter, Gracie Nafziger, Lauren Dineen-Griffin, Katie McHugh 2013
100 Butterfly - 55.94, Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS), CCIW Championships 2/15/13
200 Butterfly - 2:01.65, Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS), NCAA Championships 3/22/13
100 Free- 52.06, Kirsten Slaughter (Urbana, Ill./ Urbana HS), NCAA Championships 3/23/13
500 Free- 4:49.54, Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS), NCAA Championships 3/21/13

NCAA CONSIDERATION QUALIFIERS

50 Free- 23.28, Kirsten Slaughter (Urbana, Ill./ Urbana HS), CCIW Championships 2/14/13
500 Free - 5:00.39, Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS), CCIW Championships 2/14/13
200 IM - 2:08.15, Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS), CCIW Championships 2/14/13

INDIVIDUAL RESULTS

50 Yard Freestyle

IWU Record:	23.28	Kirsten Slaughter	2013
23.28	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		CCIW Championships 2/14/13
23.67	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		NCAA Championships 3/21/13
23.91	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		NCAA Championships 3/21/13
24.65	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		DePauw Invitational 12/1/12
24.67	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		Wheaton/North Central 2/2/13
24.87	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		IWU Invitational 11/17/12
24.94	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		DePauw 1/19/13
25.03	Gracie Nafziger (Louisville, Ky./ Presentation Academy)		CCIW Championships 2/14/13
25.03	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		Rose-Hulman 11/3/12
25.25	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		Carthage 11/10/12
26.10	Gracie Nafziger (Louisville, Ky./ Presentation Academy)		Wheaton/North Central 2/2/13
26.28	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)		Rose-Hulman 11/3/12
26.42	Gracie Nafziger (Louisville, Ky./ Presentation Academy)		Millikin 1/18/13
26.47	Gracie Nafziger (Louisville, Ky./ Presentation Academy)		Carthage 11/10/12
26.47	Gracie Nafziger (Louisville, Ky./ Presentation Academy)		IWU Invitational 11/17/12
26.59	Dana Marlin (Midlothian, Ill. / Marist HS)		DePauw 1/19/13
28.57	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)		Millikin 1/18/13
29.46	Kayla Palczynski (Warrenville, Ill. / Wheaton Warrenville South)		Millikin 1/18/13

100 Yard Freestyle

IWU Record:	52.06	Kirsten Slaughter	2013
52.06	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		NCAA Championships 3/23/13
52.91	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		CCIW Championships 2/16/13
54.14	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		DePauw 1/19/13
54.27	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		Halloween Invite 10/27/12
54.38	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		Millikin 1/18/13
54.60	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		IWU Invitational 11/17/12
54.67	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		Wheaton/North Central 2/2/13
54.92	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		Rose-Hulman 11/3/12
54.92	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		Carthage 11/10/12
56.26	Dana Marlin (Midlothian, Ill. / Marist HS)		CCIW Championships 2/16/13
57.33	Gracie Nafziger (Louisville, Ky./ Presentation Academy)		Wheaton/North Central 2/2/13
58.09	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)		Rose-Hulman 11/3/12
58.88	Dana Marlin (Midlothian, Ill. / Marist HS)		DePauw 1/19/13
59.27	Dana Marlin (Midlothian, Ill. / Marist HS)		Millikin 1/18/13
1:02.48	Kayla Palczynski (Warrenville, Ill. / Wheaton Warrenville South)		DePauw 1/19/13
1:02.95	Brogan Riches (Normal, Ill./ Normal Community HS)		Millikin 1/18/13

200 Yard Freestyle

IWU Record:	1:52.73	Angela Lugg	2011
1:54.98	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		CCIW Championships 2/15/13
1:54.99	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		NCAA Championships 3/23/13
1:59.65	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		Millikin 1/18/13
2:00.52	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		DePauw Invitational 12/1/12
2:00.88	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		Carthage 11/10/12
2:01.33	Kirsten Slaughter (Urbana, Ill./ Urbana HS)		Rose-Hulman 11/3/12
2:01.62	Dana Marlin (Midlothian, Ill. / Marist HS)		CCIW Championships 2/15/13
2:02.11	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)		IWU Invitational 11/17/12
2:03.74	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)		Wheaton/North Central 2/2/13
2:04.23	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)		Rose-Hulman 11/3/12
2:04.53	Dana Marlin (Midlothian, Ill. / Marist HS)		Wheaton/North Central 2/2/13
2:06.28	Gracie Nafziger (Louisville, Ky./ Presentation Academy)		Halloween Invite 10/27/12
2:07.57	Gracie Nafziger (Louisville, Ky./ Presentation Academy)		DePauw 1/19/13
2:07.92	Dana Marlin (Midlothian, Ill. / Marist HS)		Millikin 1/18/13
2:08.51	Brogan Riches (Normal, Ill./ Normal Community HS)		IWU Invitational 11/17/12
2:10.14	Brogan Riches (Normal, Ill./ Normal Community HS)		Carthage 11/10/12
2:12.45	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)		DePauw 1/19/13

500 Yard Freestyle

IWU Record:	4:49.54	Katie McHugh	2013
4:49.54	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)		NCAA Championships 3/21/13
5:00.39	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)		CCIW Championships 2/14/13
5:01.60	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)		NCAA Championships 3/22/13
5:16.58	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)		Millikin 1/18/13
5:20.21	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)		DePauw Invitational 11/30/12
5:23.02	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)		Halloween Invite 10/27/12
5:23.14	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)		IWU Invitational 11/17/12
5:23.52	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)		Carthage 11/10/12
5:23.63	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)		Millikin 1/18/13
5:25.25	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)		IWU Invitational 11/17/12
5:33.25	Brogan Riches (Normal, Ill./ Normal Community HS)		Wheaton CCIW Champs 2/14/13
5:38.62	Brogan Riches (Normal, Ill./ Normal Community HS)		IWU Invitational 11/17/12
5:43.22	Brogan Riches (Normal, Ill./ Normal Community HS)		Wheaton/North Central 2/2/13
5:43.56	Brogan Riches (Normal, Ill./ Normal Community HS)		Carthage 11/10/12
5:44.61	Brogan Riches (Normal, Ill./ Normal Community HS)		Rose-Hulman 11/3/12
5:45.04	Brogan Riches (Normal, Ill./ Normal Community HS)		Halloween Invite 10/27/12
5:46.43	Brogan Riches (Normal, Ill./ Normal Community HS)		DePauw 1/19/13
5:55.18	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)		DePauw 1/19/13
5:55.18	Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)		IWU Invitational 11/17/12
6:03.38	Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)		Carthage 11/10/12

1000 Yard Freestyle**IWU Record: 10:36.33****Kathy Carroll****2002**

10:48.93 Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
11:27.89 Brogan Riches (Normal, Ill./ Normal Community HS)
10:52.34 Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
10:55.54 Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
11:40.59 Brogan Riches (Normal, Ill./ Normal Community HS)
11:42.28 Brogan Riches (Normal, Ill./ Normal Community HS)
12:06.47 Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)
12:20.57 Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)
12:46.34 Victoria Bauer (St. Charles, Ill./ St. Charles East HS)

Wheaton/North Central 2/2/13
Millikin 1/18/13
Carthage 11/10/12
DePauw 1/19/13
DePauw 1/19/13
Rose-Hulman 11/3/12
Rose-Hulman 11/3/12
Carthage 11/10/12
Carthage 11/10/12

1650 Yard Freestyle**IWU Record: 17:29.17****Kathy Carroll****2002**

17:27.31 Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
18:35.02 Brogan Riches (Normal, Ill./ Normal Community HS)

CCIW Championships 2/16/13
CCIW Championships 2/16/13

100 Yard Backstroke**IWU Record: 55.47****Andrea Peterson****2011**

1:01.07 Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)
1:02.47 Kate Haynes (Rochester, Minn./ Century HS)
1:04.88 Kate Haynes (Rochester, Minn./ Century HS)
1:05.25 Kate Haynes (Rochester, Minn./ Century HS)
1:05.44 Kate Haynes (Rochester, Minn./ Century HS)
1:05.46 Kate Haynes (Rochester, Minn./ Century HS)
1:05.83 Kate Haynes (Rochester, Minn./ Century HS)
1:05.31 Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
1:06.75 Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)

CCIW Championships 2/15/13
CCIW Championships 2/15/13
Wheaton/North Central 2/2/13
Rose-Hulman 11/3/12
IWU Invitational 11/17/12
Millikin 1/18/13
Carthage 11/10/12
Rose-Hulman 11/3/12
Millikin 1/18/13

200 Yard Backstroke**IWU Record: 2:01.14****Andrea Peterson****2011**

2:08.52 Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
2:13.14 Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)
2:15.08 Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
2:15.14 Kate Haynes (Rochester, Minn./ Century HS)
2:16.52 Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
2:21.76 Kate Haynes (Rochester, Minn./ Century HS)
2:22.13 Kate Haynes (Rochester, Minn./ Century HS)

CCIW Championships 2/16/13
CCIW Championships 2/16/13
Wheaton/North Central 2/2/13
CCIW Championships 2/16/13
DePauw 1/19/13
DePauw 1/19/13
Rose-Hulman 11/3/12

100 Yard Breaststroke**IWU Record: 1:07.72****Katie Bell****2012**

1:13.93 Kayla Palczynski (Warrenville, Ill. / Wheaton Warrenville South)
1:18.37 Kayla Palczynski (Warrenville, Ill. / Wheaton Warrenville South)
1:18.96 Kayla Palczynski (Warrenville, Ill. / Wheaton Warrenville South)
1:19.19 Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
1:19.68 Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
1:32.57 Victoria Bauer (St. Charles, Ill./ St. Charles East HS)

CCIW Championships 2/15/13
Wheaton/North Central 2/2/13
Millikin 1/18/13
Carthage 11/10/12
IWU Invitational 11/17/12
Millikin 1/18/13

200 Yard Breaststroke**IWU Record: 2:23.86****Katie Bell****2012**

2:37.95 Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
2:41.06 Kayla Palczynski (Warrenville, Ill. / Wheaton Warrenville South)
2:49.53 Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
2:50.22 Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)
2:51.39 Kayla Palczynski (Warrenville, Ill. / Wheaton Warrenville South)
2:55.97 Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)

Rose-Hulman 11/3/12
CCIW Championships 2/16/13
Halloween Invite 10/27/12
Halloween Invite 10/27/12
DePauw 1/19/13
Rose-Hulman 11/3/12

100 Yard Butterfly**IWU Record: 55.94****Katie McHugh****2013**

55.94	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
56.10	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
56.43	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
58.17	Gracie Nafziger (Louisville, Ky./ Presentation Academy)
59.67	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
1:00.94	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
1:01.32	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
1:01.53	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
1:02.90	Gracie Nafziger (Louisville, Ky./ Presentation Academy)
1:03.36	Gracie Nafziger (Louisville, Ky./ Presentation Academy)
1:03.91	Gracie Nafziger (Louisville, Ky./ Presentation Academy)
1:03.92	Gracie Nafziger (Louisville, Ky./ Presentation Academy)
1:04.14	Gracie Nafziger (Louisville, Ky./ Presentation Academy)
1:09.71	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
1:11.27	Victoria Bauer (St. Charles, Ill./ St. Charles East HS)
1:12.01	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)

CCIW Championships 2/15/13
CCIW Championships 2/15/13
NCAA Championships 3/21/13
CCIW Championships 2/15/13
Wheaton/North Central 2/2/13
DePauw Invitational 12/1/12
IWU Invitational 11/17/12
Carthage 11/10/12
Halloween Invite 10/27/12
Millikin 1/18/13
Carthage 11/10/12
IWU Invitational 11/17/12
Rose-Hulman 11/3/12
Wheaton/North Central 2/2/13
IWU Invitational 11/17/12
Halloween Invite 10/27/12

200 Yard Butterfly**IWU Record: 2:01.65****Katie McHugh****2013**

2:01.65	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
2:02.94	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
2:03.96	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
2:11.42	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
2:11.86	Gracie Nafziger (Louisville, Ky./ Presentation Academy)
2:13.14	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
2:18.75	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
2:18.79	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
2:20.99	Gracie Nafziger (Louisville, Ky./ Presentation Academy)
2:22.83	Gracie Nafziger (Louisville, Ky./ Presentation Academy)
2:25.95	Gracie Nafziger (Louisville, Ky./ Presentation Academy)
2:30.52	Victoria Bauer (St. Charles, Ill./ St. Charles East HS)
2:35.96	Kate Haynes (Rochester, Minn./ Century HS)
2:37.45	Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)
2:39.63	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)

NCAA Championships 3/22/13
CCIW Championships 2/16/13
NCAA Championships 3/22/13
DePauw 1/19/13
CCIW Championships 2/16/13
DePauw Invitational 11/30/12
Carthage 11/10/12
Halloween Invite 10/27/12
DePauw 1/19/13
DePauw Invitational 11/30/12
Rose-Human 11/3/12
CCIW Championships 2/16/13
Carthage 11/10/12
Carthage 11/10/12
Wheaton/North Central 2/2/13

200 Yard IM**IWU Record: 2:08.15****Katie McHugh****2013**

2:08.15	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
2:14.83	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
2:21.70	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
2:28.51	Kate Haynes (Rochester, Minn./ Century HS)
2:31.62	Kate Haynes (Rochester, Minn./ Century HS)
2:32.34	Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)
2:33.02	Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)
2:33.28	Kate Haynes (Rochester, Minn./ Century HS)
2:35.89	Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)
2:40.36	Victoria Bauer (St. Charles, Ill./ St. Charles East HS)

CCIW Championships 2/14/13
DePauw 1/19/13
Rose-Hulman 11/3/12
Wheaton/North Central 2/2/13
DePauw 1/19/13
Halloween Invite 10/27/12
IWU Invitational 11/17/12
IWU Invitational 11/17/12
Rose-Hulman 11/3/12
IWU Invitational 11/17/12

400 Yard IM**IWU Record: 4:34.29****Kathy Carroll****2002**

4:43.22	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
4:46.55	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)
4:55.97	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
4:58.24	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)
5:07.70	Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)
5:09.25	Kate Haynes (Rochester, Minn./ Century HS)
5:20.28	Kate Haynes (Rochester, Minn./ Century HS)
5:36.27	Victoria Bauer (St. Charles, Ill./ St. Charles East HS)

Millikin 1/18/13
DePauw Invitational 12/1/12
DePauw Invitational 12/1/12
Millikin 1/18/13
DePauw Invitational 12/1/12
CCIW Championships 2/14/13
Millikin 1/18/13
Millikin 1/18/13

200 Yard Medley Relay**IWU Record: 1:46.62 Andrea Peterson, Lizzie Egan, Katie McHugh, Angela Lugg 2012**

1:49.88	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS) Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS) Gracie Nafziger (Louisville, Ky./ Presentation Academy) Kirsten Slaughter (Urbana, Ill./ Urbana HS)	CCIW Championships 2/15/13
1:57.27	Kate Haynes (Rochester, Minn./ Century HS) Kayla Palczynski (Warrenville, Ill. / Wheaton Warrenville South) Gracie Nafziger (Louisville, Ky./ Presentation Academy) Kirsten Slaughter (Urbana, Ill./ Urbana HS)	Wheaton/North Central 2/2/13
1:55.90	Kate Haynes (Rochester, Minn./ Century HS) Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS) Gracie Nafziger (Louisville, Ky./ Presentation Academy) Kirsten Slaughter (Urbana, Ill./ Urbana HS)	IWU Invitational 11/17/12
1:58.34	Kate Haynes (Rochester, Minn./ Century HS) Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS) Gracie Nafziger (Louisville, Ky./ Presentation Academy) Kirsten Slaughter (Urbana, Ill./ Urbana HS)	Halloween Invite 10/27/12
1:58.81	Kate Haynes (Rochester, Minn./ Century HS) Kayla Palczynski (Warrenville, Ill. / Wheaton Warrenville South) Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS) Kirsten Slaughter (Urbana, Ill./ Urbana HS)	Millikin 1/18/13
1:59.99	Kate Haynes (Rochester, Minn./ Century HS) Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS) Gracie Nafziger (Louisville, Ky./ Presentation Academy) Kirsten Slaughter (Urbana, Ill./ Urbana HS)	Rose-Hulman 11/3/12
2:06.51	Kate Haynes (Rochester, Minn./ Century HS) Kayla Palczynski (Warrenville, Ill. / Wheaton Warrenville South) Victoria Bauer (St. Charles, Ill./ St. Charles East HS) Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)	DePauw 1/19/13
2:08.51	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS) Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS) Victoria Bauer (St. Charles, Ill./ St. Charles East HS) Brogan Riches (Normal, Ill./ Normal Community HS)	IWU Invitational 11/17/12

400 Yard Medley Relay**IWU Record: 3:51.57 Andrea Peterson, Lizzie Egan, Katie McHugh, Angela Lugg 2011**

4:17.36	Kate Haynes (Rochester, Minn./ Century HS) Kayla Palczynski (Warrenville, Ill. / Wheaton Warrenville South) Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS) Dana Marlin (Midlothian, Ill. / Marist HS)	CCIW Championships 2/14/13
4:28.30	Kate Haynes (Rochester, Minn./ Century HS) Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS) Gracie Nafziger (Louisville, Ky./ Presentation Academy) Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)	DePauw Invitational 11/30/12

200 Yard Freestyle Relay**IWU Record: 1:36.79 Kirsten Slaughter, Gracie Nafziger, Lauren Dineen-Griffin, Katie McHugh 2013**

1:36.79	Kirsten Slaughter (Urbana, Ill./ Urbana HS) Gracie Nafziger (Louisville, Ky./ Presentation Academy) Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS) Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	CCIW Championships 2/14/13
1:41.77	Kirsten Slaughter (Urbana, Ill./ Urbana HS) Gracie Nafziger (Louisville, Ky./ Presentation Academy) Dana Marlin (Midlothian, Ill. / Marist HS) Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	Wheaton/North Central 2/2/13
1:41.89	Kirsten Slaughter (Urbana, Ill./ Urbana HS) Gracie Nafziger (Louisville, Ky./ Presentation Academy) Dana Marlin (Midlothian, Ill. / Marist HS) Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	DePauw 1/19/13
1:43.60	Kirsten Slaughter (Urbana, Ill./ Urbana HS) Gracie Nafziger (Louisville, Ky./ Presentation Academy)	IWU Invitational 11/17/12

	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	
	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)	
1:44.61	Kirsten Slaughter (Urbana, Ill./ Urbana HS)	Halloween Invite 10/27/12
	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)	
	Gracie Nafziger (Louisville, Ky./ Presentation Academy)	
	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	
1:47.80	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)	CCIW Championships 2/14/13
	Dana Marlin (Midlothian, Ill. / Marist HS)	
	Kate Haynes (Rochester, Minn./ Century HS)	
	Victoria Bauer (St. Charles, Ill./ St. Charles East HS)	
1:48.26	Dana Marlin (Midlothian, Ill. / Marist HS)	Millikin 1/18/13
	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)	
	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)	
	Gracie Nafziger (Louisville, Ky./ Presentation Academy)	
1:50.20	Gracie Nafziger (Louisville, Ky./ Presentation Academy)	Rose-Hulman 11/3/12
	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)	
	Kate Haynes (Rochester, Minn./ Century HS)	
	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	
1:55.36	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)	Wheaton/North Central 2/2/13
	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)	
	Kayla Palczynski (Warrenville, Ill. / Wheaton Warrenville South)	
	Brogan Riches (Normal, Ill./ Normal Community HS)	
1:54.48	Kirsten Slaughter (Urbana, Ill./ Urbana HS)	Rose-Hulman 11/3/12
	Brogan Riches (Normal, Ill./ Normal Community HS)	
	Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)	
	Victoria Bauer (St. Charles, Ill./ St. Charles East HS)	

400 Yard Freestyle Relay

IWU Record: 3:32.43 Andrea Peterson, Katie McHugh, Lizzie Egan, Angela Lugg 2011

3:36.71	Kirsten Slaughter (Urbana, Ill./ Urbana HS)	CCIW Championships 2/16/13
	Gracie Nafziger (Louisville, Ky./ Presentation Academy)	
	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)	
	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	
3:46.38	Kirsten Slaughter (Urbana, Ill./ Urbana HS)	DePauw Invitational 12/1/12
	Gracie Nafziger (Louisville, Ky./ Presentation Academy)	
	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)	
	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	
3:54.83	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)	CCIW Championships 2/16/13
	Kate Haynes (Rochester, Minn./ Century HS)	
	Brogan Riches (Normal, Ill./ Normal Community HS)	
	Dana Marlin (Midlothian, Ill. / Marist HS)	

500 Yard Freestyle Relay

4:59.17	Kate Haynes (Rochester, Minn./ Century HS)	Halloween Invite 10/27/12
	Kirsten Slaughter (Urbana, Ill./ Urbana HS)	
	Brogan Riches (Normal, Ill./ Normal Community HS)	
	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)	

800 Yard Freestyle Relay

IWU Record: 7:40.56 Angela Lugg, Lizzie Egan, Andrea Peterson, Katie McHugh 2011

7:41.31	Kirsten Slaughter (Urbana, Ill./ Urbana HS)	CCIW Championships 2/15/13
	Gracie Nafziger (Louisville, Ky./ Presentation Academy)	
	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)	
	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	
8:20.95	Kirsten Slaughter (Urbana, Ill./ Urbana HS)	DePauw Invitational 11/30/12
	Brogan Riches (Normal, Ill./ Normal Community HS)	
	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)	
	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	
8:37.94	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)	CCIW Championships 2/15/13
	Brogan Riches (Normal, Ill./ Normal Community HS)	
	Victoria Bauer (St. Charles, Ill./ St. Charles East HS)	
	Kayla Palczynski (Warrenville, Ill./ Wheaton Warrenville South)	

1 meter Diving

268.65	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	CCIW Championships 2/9/13
211.40	Elizabeth Johnson (Naperville, Ill./ Naperville Central HS)	CCIW Championships 2/9/13
199.25	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	Carthage 11/10/12
199.10	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	IWU Invitational 11/17/12
189.90	Devon Redlin (Bloomington, Minn./ John F. Kennedy HS)	CCIW Championships 2/9/13
186.80	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	Rose-Hulman 11/3/12
184.45	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	Halloween Invite 10/27/12
162.75	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	DePauw 1/19/13
155.10	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	Wheaton/North Central 2/2/13
154.00	Elizabeth Johnson (Naperville, Ill./ Naperville Central HS)	Carthage 11/10/12
152.80	Elizabeth Johnson (Naperville, Ill./ Naperville Central HS)	IWU Invitational 11/17/12
142.35	Devon Redlin (Bloomington, Minn./ John F. Kennedy HS)	DePauw 1/19/13
135.85	Elizabeth Johnson (Naperville, Ill./ Naperville Central HS)	Halloween Invite 10/27/12

3 meter Diving

263.80	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	CCIW Championships 2/9/13
189.15	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	Carthage 11/10/12
183.65	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	DePauw 1/19/13
179.90	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	Rose-Hulman 11/3/12
177.10	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	IWU Invitational 11/17/12
176.85	Danielle Owerko (Park Ridge, Ill./ Maine South HS)	Wheaton/North Central 2/2/13

300 Yard Medley Relay

3:23.46	Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)	Halloween Invite 10/27/12
	Gracie Nafziger (Louisville, Ky./ Presentation Academy)	
	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	

300 Yard Breaststroke Relay

3:54.41	Jill Kawasaki (Northbrook, Ill./ Glenbrook North HS)	Halloween Invite 10/27/12
	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)	
	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	

300 Yard Butterfly Relay

3:18.90	Victoria Bauer (St. Charles, Ill./ St. Charles East HS)	Halloween Invite 10/27/12
	Gracie Nafziger (Louisville, Ky./ Presentation Academy)	
	Katie McHugh (Homewood, Ill./ Homewood-Flossmoor HS)	

300 Yard Backstroke Relay

3:18.12	Kate Haynes (Rochester, Minn./ Century HS)	Halloween Invite 10/27/12
	Jess Beringer (Frankfort, Ill./ Lincoln-Way North HS)	
	Lauren Dineen-Griffin (Clarendon Hills, Ill./ Westmont HS)	

Last updated: March 26, 2013 by Jason Kotecki